

HOW ALIVE DO YOU WANT TO BE?

*A Workshop on
Desire, Destiny, Happiness
and the Art of Being Alive*

WITH

MARLA ESTES AND STEVE SCHOLL

Friday, May 9: 7-10 pm
Saturday, May 10: 9:30 am - 4 PM
Friends Meeting ~ Peace House
543 S. Mountain Ave.
Ashland, Oregon

Cost: \$60

For registration contact
Marla: 541-482-4948
Steve: 541-301-7469



Sultán Bahau'd-din Walad, the father of the great Persian poet Jalál ad-Dín Rúmí, wrote this line in his spiritual diary:
How alive do you want to be?

Join Marla Estes and Steve Scholl as we draw out the implications of this rich theme. Together we will explore the implications of being alive, the nature of desire, destiny, love, mystery, paradox, curiosity and more. We will draw on the writings of Rumi, Carl Jung, Rebecca Solnit, Mary Oliver, James Hillman, Attar, Hafiz and others. We will circle the subject through story, chant, poetry, and myth.

Together our small group will explore the ways in which psychology and spirituality can join forces to enhance aliveness.

*If you want what visible reality can give,
you're an employee.*

*If you want the unseen world,
you're not living your truth.*

*Both wishes are foolish, but
you'll be forgiven for forgetting
that what you really want is
love's confusing joy.*

Rumi



MARLA ESTES brings a Jungian perspective to her work as a teacher, writer, and mentor. She holds her Masters degree in Transpersonal Studies. She has taught at SOU Extension, the SAEJ program at Ashland High School, and leads a woman's study group called "Cultivating the Orchid."

STEVE SCHOLL is a scholar of religion and Islam who has lived and traveled in the Middle East. Steve was the founding publisher of White Cloud Press and is the editor of *The Peace Bible* and *Common Era: Best New Writings on Religion*. He is a contributor to the *Encyclopedia of Religion* (edited by Mircea Eliade) and author of *Remembering God: Chant Practices of the Sufis* (forthcoming).