

*Put your ear down close to your soul  
and listen hard. ~ Anne Sexton*

# Exploring Soul through Film and Creativity

A One and a Half Day Workshop



Can we allow ourselves to be moved by our own souls?  
What is soul's shape, texture, color?  
How do we resist or accept the nature of our soul?

Explore the nature of our souls through film, discussion,  
dyadic exercises and art expression.

Facilitators:

Delaine Due, M.A., A.T.R. ~ Registered Art Therapist

Marla Estes, M.A. ~ School of the Examined Life ~ [www.marlaestes.com](http://www.marlaestes.com)

Friday, March 2 ~ 6 to 9:30  
Saturday, March 3 ~ 10 to 6  
Ashland Residence

Maximum: 8 Participants

Cost: \$125 with sliding scale to \$75

To register, contact Marla at  
[marla16@charter.net](mailto:marla16@charter.net) or  
541 482 4948